



# *Approach to cut up study day*

## *A brief reflection*

I would like to extend my gratitude to the BDIAP for providing me with a bursary to attend the Approach to cut up study day.

I became interested in pathology during my 1st year of foundation training, and joined the BDIAP to gain experience and insight into the speciality. I was interested in the cut up study day as macroscopic examination and block selection forms a vital part of the pathological assessment and is a core skill as a pathologist.

The programme for the event covered the key dissections in the curriculum and the talks simplified the process of macroscopic evaluation. We were also able to receive tips and advice from specialists. I particularly enjoyed the endocrine session which was covered multiple organs but in a very engaging and systematic manner.

I would recommend attending the BDIAP study days to any histopathology trainee and foundation doctor interested in pathology as it poses a great opportunity to enhance your knowledge and network with peers.

*Dr Carmaline de Silva*  
*(Foundation year 2 doctor, West midlands South)*